

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION B: 2:00 pm – 3:15 pm

<b>Workshop B-1</b>  <b>Web Fest</b>	<b>HOST: <u>Rebecca Oliver</u></b>  <b><u>Jan Popehn</u></b>  <i>Principal Presenter: Ben Stallings, PSD Web Coordinator</i>	<b>RiverCenter North 2<sup>nd</sup> Floor</b>  <b>Illinois River Room</b>
<p>This will be an informal opportunity for the maintainers of UU Web sites to learn from each other, ask questions, show off successes, and fix problems.</p> <p><b>Suggested Reading:</b> <a href="http://www.uuism.net/uwiki">http://www.uuism.net/uwiki</a></p>		
<p>Number Registered April 7, 2010: 13</p> <p>Room Set-Up: 32 chairs, 3 wooden stools (30”), 1 card table (for projector), 1 refreshment table,</p> <p>Room Audiovisual (All rooms have Internet Access): 1 electrical power strip, 1 screen, using PSD projector &amp; laptop from PSD</p> <p>Other Notes: Will bring own computer, cables.</p>		

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION B: 2:00 pm – 3:15 pm

<p><b>Workshop B-2</b></p> <p><b>HOST: <u>Kathleen Carter</u></b></p> <p><b><i>Transforming UU Governance. Regions? Fewer Districts? Fewer GAs?</i></b></p> <p><i>Principal Presenter: John Blevins, UUA Trustee from PSD</i></p>	<p><b>RiverCenter South 2nd Floor</b></p> <p><b>Wisconsin River Room</b></p>
<p>UUA Trustee John Blevins will bring you up to date on current topics at the national level such as the Excellence in Ministry initiative; reframing and reforming General Assembly (Fifth Principle Project); and UUA.</p> <p><b>Suggested Reading:</b> <i>Getting Started with Policy Governance</i> by Caroline Oliver; <i>Governance and Ministry: Rethinking Board Leadership</i> by Dan Hotchkiss</p>	
<p>Number Registered April 7, 2010: 44</p> <p>Room Set-Up: 81 chairs, theater-style, 1 60" AV cart), 1 card table, 1 refreshment or full-sized table at the front, 1 podium standing,</p> <p>Room Audiovisual (All rooms have Internet Access): 3 electrical power strips (only one/ needs three outlets not strips), 1 27" TV with DVD playback, 1 screen</p> <p>Other Notes:</p> <p>Will bring own MAC computer with adapter that hooks up to a VGA projector. Will use UCD projector and Jack Wiley will be there to set it up.</p> <p><b>JACK WILL NEED TO DISASSEMBLE PROJECTOR AND LEAVE RIGHT ON TIME IN ORDER TO TAKE PROJECTOR TO ONE OF THE C SESSIONS AND SET IT UP THERE BEFORE 3:30.</b></p> <p><b>KATHLEEN, PLEASE WARN SPEAKER THAT YOU ARE GOING TO DRAW SESSION TO A CLOSE IN A TIMELY WAY FOR THAT REASON!</b></p>	

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## SESSION B: 2:00 pm – 3:15 pm

<p><b>Workshop B-3</b>                      <b>HOST: <u>Margaret Thomas &amp; Kathryn Allen</u></b></p> <p><b><i>The Healing Power of “YES”: Communicating Effectively with Persons with Alzheimer’s</i></b></p> <p><i>Principal Presenter: Rev. Jade C. Angelica, Member UU Fellowship Dubuque, IA</i></p> <p><i>Co-Presenter: Amy Ressler, UU Fellowship Dubuque, IA</i></p>	<p><b>RiverCenter North 2<sup>nd</sup> Floor</b></p> <p><b>Ohio River Room</b></p>
<p>This workshop weaves together information about Alzheimer’s disease, quality of life for persons with Alzheimer’s and their care partners, and spiritual practices as a way of finding healing and meaning in the presence of an incurable illness. Through the use of creative drama and improvisational theatre exercises, participants will learn to observe, listen and respond to persons with Alzheimer’s in life-affirming ways, and to ease some of the difficulties that can arise in interactions with this population of patients. This program will be informative, inspirational and fun!</p> <p><b>Suggested Reading:</b> <i>Learning to Speak Alzheimer’s</i> by Joanne Koenig Coste</p>	
<p>Number Registered April 7, 2010: 18</p> <p>Room Set-Up: 50 chairs, 1 card table, 1 refreshment table at back</p> <p>Room Audiovisual (All rooms have Internet Access): 1 screen, 1 electric powerstrip</p> <p>Other Notes: <b>IF CHAIRS NEED TO BE PULLED BACK TO MAKE ROOM FOR DRAMA, GO AHEAD; JUST PLEASE RETURN THEM TO THE THEATER SET-UP WHEN DONE SINCE THE NEXT PRESENTATION IN ROOM NEEDS THEATER STYLE CHAIRS.</b></p>	

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION B: 2:00 pm – 3:15 pm

<p><b>Workshop B-4</b></p> <p><b><u>HOST: Susan Wolf</u></b></p> <p><b><i>Introduction to Stonetree Congregational Resources, Version 3</i></b></p> <p><i>Principal Presenter: Diana Allen, PSD Stonetree Congregational Resources Coordinator;</i></p> <p><i>Co-Presenter: TBA</i></p>	<p><b>RiverCenter North 1<sup>st</sup> Floor</b></p> <p><b>Des Moines River Room</b></p>
<p>Good things are always learning and growing, and so it is with Stonetree Congregational Resources. We have learned much as we've served all those congregations needing Sunday morning speakers, musicians and presenters. This year we are launching a new version of Stonetree built in an open source content management software called Drupal. This version will have an enhanced, streamlined recommendation process, allowing recommenders and their comments to be published for each presenter. Version 3 will also include a more powerful editor to make your resource description stand out. Behind the scenes, it will allow tracking connections that are made among users of Stonetree. Come and experience the wings that have sprouted from this deeply rooted resource for Prairie Star District.</p>	
<p>Number Registered April 7, 2010: 11</p> <p>Room Set-Up: Classroom style, 32 chairs, 1 card table, 1 refreshment table at back of room</p> <p>Room Audiovisual (All rooms have Internet Access): 1 screen, 1 power strip,</p> <p>Other Notes: Will bring own Powerpoint projector and laptop</p>	

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION B: 2:00 pm – 3:15 pm

<b>Workshop B-5</b> <b>Worship Matters</b> <i>Principal Presenter: Reverend Tom Capo, Peoples Church UU, Cedar Rapids, IA</i>	<b>HOST: Rita Coyne</b>	<b>RiverCenter North 1<sup>st</sup> Floor</b> <b>Missouri River Room</b>
<p>This presentation will include putting together a worship team (including a youth and a religious educator) and looking at the flow of the worship service to create new styles of worship. This workshop will also look at ways of bringing new media that add to the overall worship experience. We will also look what multigenerational worship really means.</p>		
<p>Number Registered April 7, 2010: 34</p> <p>Room Set-Up: 50 chairs, 1 card table, 1 refreshment table at back</p> <p>Room Audiovisual (All rooms have Internet Access): 1 screen, 1 electric powerstrip</p> <p>Other Notes: Rev. Capo is bringing his own projector and laptop</p>		

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION B: 2:00 pm – 3:15 pm

<p><b>Workshop B-6</b>                      <b><u>HOST: Christin Powers</u></b></p> <p><i>Small Essentials, Essentially Small</i></p> <p><i>Principal Presenter: Rev. Dr. Lisa Presley, District Executive,</i></p> <p><i>Heartland District of the UUA</i></p>	<p><b>RiverCenter North 1<sup>st</sup> Floor</b></p> <p><b>Iowa River Room</b></p>
<p>This workshop will explore issues and ideas that are germane to small congregations – how to organize the work, stewardship, volunteerism, and other benefits and challenges that face small congregations. Feel free to email your questions and/or areas of concern to Lisa Presley (<a href="mailto:de@heartlanduu.org">de@heartlanduu.org</a>) prior to the conference, and she'll try to incorporate them in the workshop!</p> <p><b>Suggested Reading:</b> Lisa will bring a bibliography as part of the workshop materials.</p>	
<p>Number Registered April 7, 2010: 20</p> <p>Room Set-Up: 32 chairs, 1 electric power strip, 1 refreshment table at back, 1 podium with power, 1 card table</p> <p>Room Audiovisual (All rooms have Internet Access): 1 standing easel flip-chart (standing), 1 projector screen</p> <p>Other Notes: Dr./ Presley bringing her own projector and laptop</p>	

**NOTE: Session B-7 Cancelled**

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION B: 2:00 pm – 3:15 pm

<p><b>Workshop B-8</b>                      <b><u>HOST: Julie Ross</u></b></p> <p><b>DESCRIPTION: B-8: <i>Singing For Our Lives</i></b></p> <p><i>Principal Presenter: John McCutcheon, Singer and Songwriter</i></p>	<p><b>RiverCenter North 1<sup>st</sup> Floor</b></p> <p><b>Mississippi River Hall</b></p>
<p>Led by internationally acclaimed songwriter, activist, and folk music Renaissance man, John McCutcheon, this multigenerational workshop will explore the traditions and truths of storytelling and song. Employing humor and history, participants will examine the way Singing for Our Lives ensures that stories of right and wrong, concepts of moral activism, and the power of intergenerational learning strengthen the principle that every person has inherent worth and dignity.</p>	
<p>Number Registered April 7, 2010: 79</p> <p>Room Capacity</p> <p>Room Set-Up: Per RiverCenter Planner</p> <p>Room Audiovisual (All rooms have Internet Access): Per RiverCenter Planner. Will use PSD new projector there if it works well there on Friday night.</p> <p>Other Notes: Wapsi Room Setup: Per RiverCenter Planner.</p>	

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION C: 3:30 – 4:45 pm

<p><b>Workshop C-1</b></p> <p><b>HOST: <u>JoEllen Langerman</u></b></p> <p><b><i>Truth, Justice, and the Unitarian Way: Comic Book Superheroes and Multigenerational Worship</i></b></p> <p><i>Principal Presenter: Steve Klien, Unitarian Church, Davenport (IA)</i> <i>Co-Presenter: Allen Bertsche, Unitarian Church, Davenport (IA)</i></p>	<p><b>RiverCenter North 2<sup>nd</sup> Floor</b></p> <p><b>Ohio River Room</b></p>
<p>In this workshop, we will share our experience in and resources for preparing a multigenerational worship service that examines myth, heroism and the lessons we learn about ourselves and our values through the concept of heroes. But, rather than discuss the values of Emerson or the virtues of other famous Unitarians, this worship workshop will explore the powerful symbolism found in the adventures of our imagined white and dark knights of justice, those spandex-clad icons of virtue, the superhero. What might we, as Unitarian Universalists, learn from the mythos of these fictional heroes, the community values they exemplify, and the pitfalls we, as a culture, might encounter by relying too much on those to whom we entrust our faith? So, if you are a fan of the Man of Steel, the Caped Crusader, or just a friendly, neighborhood Unitarian, join us as we explore the tri-color mythic world of comic book heroes</p> <p><b>Suggested Reading:</b> Oropeza, B.J., Ed. <i>The Gospel According to Superheroes: Religion and Popular Culture.</i></p>	
<p>Number Registered April 7, 2010: 31</p> <p>Room Set-Up: 50 chairs, 1 card table, 1 refreshment table at back</p> <p>Room Audiovisual (All rooms have Internet Access): 1 screen, 1 electric powerstrip</p> <p>Other Notes: Bringing own Powerpoint Projector and laptop computer</p>	

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION C: 3:30 – 4:45 pm

<p><b>Workshop C-2</b></p> <p><b><u>HOST: Christin Powers</u></b></p> <p><b><i>Perspectives on Race from Six Months to 106 Years</i></b></p> <p><i>Principal Presenter: Sharon Blevins, All Souls UU Church, Kansas City, MO</i> <i>Co-Presenter: Cheryll Wallace, First Unitarian Church, Omaha, NE</i></p>	<p><b>RiverCenter North 1<sup>st</sup> Floor</b></p> <p><b>Iowa River Room</b></p>
<p>In this interactive workshop we will look at research on how very young children perceive skin color, how youth and adults of all ages absorb the cultural messages around us, and how we can be advocates for racial equity in our families, our congregations and our communities. Facilitators: Cheryll Wallace, Chair of the PSD Growing Racial and Cultural Equity (GRACE) Team and Sharon Blevins, member of the UU Allies for Racial Equity (ARE) Executive Team</p>	
<p>Number Registered April 7, 2010: 18</p> <p>Room Set-Up: 32 chairs, 1 electric power strip, 1 refreshment table at back, 1 podium with power, 1 card table</p> <p>Room Audiovisual (All rooms have Internet Access): 1 standing easel flip-chart (standing), 1 projector screen</p> <p>Other Notes:</p>	

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION C: 3:30 – 4:45 pm

<p><b>Workshop C-3</b></p> <p><b><u>HOST: Regina Clewell</u></b></p> <p><b><i>Breaking Through in Des Moines</i></b></p> <p><i>Principal Presenter: Ellen Taylor, First Unitarian Church, Des Moines, IA</i> <i>Co-Presenter: Sally Boeckholt, First Unitarian Church, Des Moines, IA</i></p>	<p><b>RiverCenter South 2<sup>nd</sup> Floor</b></p> <p><b>Wisconsin River Room</b></p>
<p>In 2000, First Unitarian Church of Des Moines made an intentional decision to grow out of a 30-year/250-member plateau. Eight years later, membership had grown to over 400, and the congregation was recognized by the UUA as a “Breakthrough Congregation” at General Assembly June 2009. Join representatives of the congregation to learn what happened – and how their story intersects with the story of YOUR congregation.</p>	
<p>Number Registered April 7, 2010: 28</p> <p>Room Set-Up: 81 chairs, theater-style, 1 60” AV cart, 1 refreshment or full-sized table at the front, 1 podium standing 1 card table.</p> <p>Room Audiovisual (All rooms have Internet Access): 3 electrical power strips, 1 27” TV with DVD playback, 1 screen</p> <p>Other Notes:</p>	

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION C: 3:30 – 4:45 pm

<p><b>Workshop C-4</b></p> <p><b><u>HOST: Kathryn Allen &amp; Jan Popehn</u></b></p> <p><b><i>Humanist Camelot in Western Wisconsin</i></b></p> <p><i>Principal Presenter: Victor Urbanowicz, White Bear UU Church, Mahtomedi, MN</i></p> <p><i>and the PSD Heritage and Archives Committee;</i></p> <p><i>Co-Presenter: Tim Hirsch, UU Congregation, Eau Claire, WI</i></p>	<p><b>RiverCenter North 2<sup>nd</sup> Floor</b></p> <p><b>Illinois River Room</b></p>
<p>The PSD Heritage and Archives Committee will present a dramatized history featuring Unitarians who lived in Menomonie, WI, in the second half of the 19th Century. Playwright Victor Urbanowicz has created scenes featuring Unitarians Bertha and Andrew Tainter, and their Minister, Henry Doty Maxson. The lives and work of these three persons were imbued with the humanistic spirit of the Western Conference and had lasting effects on the economy and culture of the region. Rev Maxson was a leader in the Western Conference of Unitarians. The program will include human voices and other multi-sensory images.</p> <p><b>Suggested Reading:</b> <i>Freedom Moves West: A History of the Western Unitarian Conference, 1852–1952</i> by Charles H. Lyttle, 2006</p>	
<p>Number Registered April 7, 2010: 16</p> <p>Room Set-Up: 32 chairs, 3 wooden stools (30”), 1 card table, 1 refreshment table</p> <p>Room Audiovisual (All rooms have Internet Access): 1 electrical power strip, 1 screen</p>	

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION C: 3:30 – 4:45 pm

<p><b>Workshop C-5</b></p> <p><b><u>HOST: Emily Smith</u></b></p> <p><b><i>Setting Goals and Priorities for PSD</i></b></p> <p><i>Principal Presenter: Kathy Bowman, PSD President</i></p> <p><i>Co-Presenter: Kathy Burek, PSD Vice President</i></p>	<p><b>RiverCenter North 1<sup>st</sup> Floor</b></p> <p><b>Missouri River Room</b></p>
<p>Do you have ideas for how the District can better serve our liberal faith within our congregations and in the communities around us? The Prairie Star District Board invites you to help us set goals and priorities for PSD. The Board will present its ideas, and invite your feedback. We will also talk about the latest in the Board's governance work and how PSD will be working with other districts and the UUA to advance Unitarian Universalism. The topic and structure are geared to older youth and adults, and the Board would especially welcome input from our youth. Younger children would not likely find the topic of interest.</p>	
<p>Number Registered April 7, 2010: 13</p> <p>Room Set-Up: 50 chairs, 1 card table (for PSD district PP projector), 1 refreshment table at back</p> <p>Room Audiovisual (All rooms have Internet Access): 1 screen, 1 electric powerstrip</p> <p>Other Notes: Will use district's Powerpoint projector</p>	

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION C: 3:30 – 4:45 pm

<p><b>Workshop C-6</b>                      <b><u>HOST: Christin Powers</u></b></p> <p><b><i>Creating Dynamic, Lay-Led Worship</i></b></p> <p><i>Principal Presenter: Cindy Sadlek, Unitarian Church, Davenport (IA)</i> <i>Co-Presenter: Ellen Kelley, MBA, Unitarian Church, Davenport (IA)</i></p>	<p><b>RiverCenter North 1<sup>st</sup> Floor</b></p> <p><b>Des Moines River Room</b></p>
<p>This workshop is for congregations ready for dynamic worship services led by a truly collaborative team of lay leaders. You will learn the process our congregation used to move from providing informational programs to providing diverse, high quality, complete worship services on the Sundays our minister is not in the pulpit. Learn the key ingredients to the success of our Religious Services Committee (RSC) in providing worship year round and attracting the same number of attendees as the minister's Sundays in only a few short years.</p>	
<p>Number Registered April 7, 2010: 18</p> <p>Room Set-Up: Classroom style, 32 chairs, 1 card table, 1 refreshment table at back of room</p> <p>Room Audiovisual (All rooms have Internet Access):1 screen, 1 power strip,</p> <p>Other Notes: Using Davenport UU church projector (with church laptop?) Jack Wiley will bring this in and set it up at the last minute (It will be used elsewhere in the previous session.)</p> <p>Room is between John McCutcheon dressing room and quiet workshop on other side. Soundcheck for McCutcheon concert will be going on to back of room. May need microphone for Ellen Kelley after all. I have added it to the equipment list the hotel should provide. (BER).</p>	

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION C: 3:30 – 4:45 pm

<p><b>Workshop Session C-7</b>      <b><u>HOST: Diane Kinser</u></b></p> <p><b><i>Children and Spirituality</i></b></p> <p><i>Principal Presenter: Lori Allen, PSD Lifespan Faith Development</i></p> <p><i>Program Coordinator</i></p>	<p><b>RiverCenter South 2<sup>nd</sup> Floor</b></p> <p><b>Platte River Room</b></p>
<p>Teaching and growing our children in spiritual ways can seem a daunting task. Lori Allen, long time children's religious educator, shares insight on the spirituality of children and appropriate and meaningful ways for adults to nurture the spirit of the child they are teaching while growing their own spirituality. Lori draws on the wisdom and teachings of Rabbi Sandy Sasso (SOF – Spirituality and Parenting) and Parker Palmer (A Hidden Wholeness).</p> <p><b>Suggested Reading:</b> <i>A Hidden Wholeness</i> by Parker Palmer <i>And God Remembered, In God's Name, In God's Hands, Butterflies Under Our Hats, Noah's Wife, Cain and Abel, God's Paintbrush, Adam and Eve's New Day</i> — all by Rabbi Sandy Sasso.</p>	
<p>Number Registered April 7, 2010: 20</p> <p>Room Set-Up: 50 chairs, 1 a-frame easel, 1 standing podium</p> <p>Room Audiovisual (All rooms have Internet Access):</p> <p>Other Notes: Bringing own flip chart and markers</p>	

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION C: 3:30 – 4:45 pm

### *Workshop Session C-8*

*Live from the Kitchen: Locavoring by Cooking, Canning, and Eating from Your Neighborhood*

*Principal Presenter: Mark Runquist, UU Fellowship, Ames, IA*

*and Linda Barnes, UU Fellowship, Ames, IA*

***NOTE: Held at Unitarian Church, Davenport.***

***Transportation to be announced***

At home, we all tend to gravitate towards the kitchen for food and fellowship. Why not extend that to the conference? Join us as we take over a kitchen to prepare food for immediate and future consumption. Along the way we'll share joys and struggles of using local ingredients. Families and children are especially welcome, but certainly not required!

**Suggested Reading:** *Real Food for Healthy Kids: 200+ Easy, Wholesome Recipes* (Hardcover) by Tanya Steel

Number Registered April 7, 2010: 19

Room Capacity

Room Set-Up

Room Audiovisual (All rooms have Internet Access):

Other Notes:

# PSD Conference Workshops

Saturday, April 24, 2010

## SESSION C: 3:30 – 4:45 pm

**Workshop Session C-9**

**HOST: Kathleen Carter & Sue Witte**

***The Discipline of Peace: A Seed Planting***

*Principal Presenter: Diana Allen, UU Church of Minnetonka, Wayzata, MN*  
*Co-Presenter: Ted Harrison*

**RiverCenter South 2<sup>nd</sup>  
Floor**

**Arkansas River Room**

Peace is more than the absence of war. Living peace in the self is the first step to creating peace as a reality in our world. This workshop will present a universal approach to the discipline of peace, including an overview of the 8 sequential steps of peace grown from ancient earth wisdom (North American native perspective). These teachings were developed by RainbowHawk and WindEagle, Keepers of the Teachings of the Delicate Lodge and founders of The World Foundation for a Discipline of Peace. These teachings were launched in New Mexico in August 2009 to a gathering of all ages from nine different countries. As Oglala Elder Black Elk tells us, the most important peace is the first peace, which is in the soul of the human.

Number Registered April 7, 2010: 30

Room Set-Up: 40 chairs set in a circle

Room Audiovisual (All rooms have Internet Access): Just Internet

Other Notes: